

HOCO Soccer Parent Meeting

“When people succeed, it is because of hard work. Luck has nothing to do with success” Diego Maradona



Agenda

- Team Information
 - Staff, Schedules, Expectations, Etc.
- Fundraising
 - Fundraising Options
- Booster Club
 - Committees



HOCO Soccer Coaches

- ◎ **Elvar Gudjonsson – Head Coach -Boys and Girls – Varsity and JV**
 - > Elvar.gudjonsson@hcbe.net
- ◎ **Gabby Wells – Girls Varsity and JV Head Coach**
 - > Gabrielle.wells@hcbe.net
- ◎ **Alex Dady – Boys Varsity and JV Head Coach**
 - > Alex.dady@hcbe.net
- ◎ **John Tignor – Boys and Girls JV Head Coach**
 - > John.L.Tignor@hcbe.net



Soccer Tryouts

- All Players **MUST** have a CURRENT physical on file before tryouts.
- Tryouts will be Jan 9th, 10th, and 11th.
- All 10 forms must be signed in DragonFly
 - > <https://www.dragonflymax.com/>
 - HoCo's school code is 6MDZZN
- Students/or parents can use the app on their phone or the website.



DragonFly

- ◎ Here are the following forms that need to be completed:
 1. HCSD Emergency Contact and Medical Authorization
 2. HCSD Parental Consent for Participation
 3. HHC Authorization for Medical Examination and Treatment
 4. HHC Patient Privacy Acknowledgement and Consent
 5. Electronic Signature
 6. GHSA Student/Parent Cardiac Arrest Awareness Form
 7. GHSA Student/Parent Concussion Awareness Form
 8. GHSA Heat and Humidity Policy for All Sports
 9. PPE Health History Form
 10. PPE Physical Examination & Clearance Form



SOCCER TRYOUTS

- ◎ **Tryout Dates: Monday, January 9th, Tuesday, January 10th, Wednesday January 11th.**
- ◎ Tryouts Location: Freedom Field/ Pasture Soccer field
- ◎ Tryouts will include technical tests with a ball such as passing, dribbling, shooting and we will also test your knowledge by scrimmaging to assess your skills in a game situation.



Conditioning Dates

- MUST HAVE A PHYSICAL ON FILE
- Location: Pasture Field
- Time: Begins at 3:30
- Dates: (session will be 1.5 hours)
 - > Nov: 15, 17, 29
 - > Dec: 1, 6, 8

Purpose of conditioning is to help promote preseason development and to get players ready for tryouts.



Preseason Camp

Host: CGSA/Legion Director of Coaching Jason Kirk

Location: CGSA Soccer Complex

Dates: January 3rd-5th (Tuesday-Thursday)

Girls and boys at 3:30- 5:00 PM

Cost is \$40. Checks need to be made out to Jason Kirk. Please turn form and money into Christina by December 9th, so we have an accurate count. Registration is not complete until paid.

The purpose of this camp is to help promote preseason development to get you ready for our tryouts.



Varsity Fitness Expectations

◎ Girls

➤ 2 Mile Run

- Completed in 17:00

➤ Plyometric Test

-A series of plyometric tests that will emphasize body weight conditioning and muscle endurance

- Sprint Test

-Complete 10 sets of 100 yard sprints.

-20 Second sprint

-45 second recovery jog

-25 second break

◎ Boys

➤ 2 Mile Run

- Completed in 14:00

➤ Plyometric Test

-A series of plyometric tests that will emphasize body weight conditioning and muscle endurance

- Sprint Test

-Complete 10 sets of 100 yard sprints.

-20 Second sprint

-45 second recovery jog

-25 second break

Practice Schedules

- Practice Times
 - > Practice Sessions will be about 1.5 hours
 - > Girls Jv and Varsity w/ Coach G, Coach Wells and Coach Tignor from 3:30-5:00
 - > Boys Jv and Varsity w/ Coach G, Coach Dady and Coach Tignor from 4:30-6:00
- *Times are subject to change*
- Where: Pasture Game field and Freedom Field
- If a player arrives late or needs to leave practice early, that needs to be communicated directly to their coach.



HOCO SOCCER EXPECTATIONS

A Standard Above Excellence,
a Goal Beyond Victory



Player Expectations:

- **Maintain a 3.0 GPA without failing a class**
- **Raise \$400 in advertising/sponsorship or raffle sales**
- Respect your teammates and coaches
- JV players must attend games of the corresponding Varsity teams
- Varsity boys must attend Varsity girls games and vice versa



Player Expectations:

- All players must attend all practices for their specified team
- Be on time for practice
- If you will not be at practice, you need to notify your coach immediately
- Excuses must be school related or any valid emergency

DETAILED PLAYER EXPECTATIONS WILL BE PROVIDED TO ALL PLAYERS AND PARENTS

Expectations: Parents Behavior

- **Coaches Coach. Players Play. Parents Cheer.**
- Parents should NEVER talk to a coach about playing time
- Coaches will always do what they think is best for the team to be successful



**HOCO
SOCCER
BOOSTERS**

HOCO SOCCER BOOSTERS

- President
- Vice President-Kelli Hollifield
- Treasurer-Christina Anderson
- Secretary/Website-Brad Anderson

Crystal Buttimer – Concession

**HOCO
SOCCER
FUNDRAISING**

Fundraising Programs

- ◎ Sponsorships/Donations – Due Jan 23
 - > Program Ad's
 - > Advertisement Signs
- ◎ Raffle Drawing
 - > Selling tickets to win items
- ◎ Ticket Sales- each home game through GoFan
- ◎ Concession Sales
- ◎ Fan Cloth/Spirit wear

Player Fundraising Expectations

◎ FUNDRAISING

- > Each player must raise **\$400** for the overall success of our fundraising projects
- > Sponsorship / Ad sales / Raffle Tickets
- > Donations
- ◎ Raise \$1200, you get a pair of cleats up to \$200)
- **If you don't wish to fundraise: Need \$400 check to HoCo Soccer**
- **Fall short of fundraising goal: Need check to make up difference to equal \$400**

Fundraising Incentives

- Customized Practice Shirts
- Training/weather gear
- Additional Incentives will be available based on fundraising success

HOCO Soccer Expenses

- Field Maintenance
- Uniform Replacement (as required)
- Equipment (as required)
- Game Day Costs
- Away Trips
- Referee Fees
- Coaching Fees
- Banquets / Awards
- Website and On-line presence
- Team and Senior Awards

HOCO Soccer Boosters - NEED YOUR HELP

- Fundraisers / Sponsorship / Raffle
- Field/Facility crew
- Gate Workers (can be any parent)
- Game Day Set up & Tear down
- End of Season Celebration / Awards
- Senior Night (Junior Parents)
- Concessions and Gate- each family is asked to sign up for 2 time slots.
- Ball Girls/Boys (prefer assigned to each game)
- Taking pictures for Varsity and JV games
- Purchasing Snack/Meal prior to away games

Communications

- Email Us:
 - > hocosoccer@yahoo.com
- Web Site:
 - > hocosoccer.com
- Twitter:
 - > [@hocosoccer](https://twitter.com/hocosoccer)
- Eurosports High School Scoreboard:
 - > eurosportscoreboard.com

Please get connected, volunteer, and enjoy the season!

We need your help!

Thanks for coming!

Questions?